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X-ray vs. lung ultrasound for reliable diagnosis of neonatal respiratory failure (TTN vs. RDS)

Mielnik Katarzyna¹, Matusiak Grzegorz¹, Jończyk-Potoczna Katarzyna², Skórzewska Agnieszka³, Mazela Jan¹

1 - Department of Newborns' Infectious Diseases, Poznan University of Medical Sciences, Poznan, Poland

2 - Department of Pediatric Radiology, Poznan University of Medical Sciences, Poznan, Poland

3 - Department of Radiology, Greater Poland Cancer Centre, Poznan, Poland

TTN

Transient tachypnea of the newborn

„Double Lung Point”

The difference in lung echogenicity between the upper and lower lung areas.

Inferior fields: multiple, compact B-lines („white lung”)

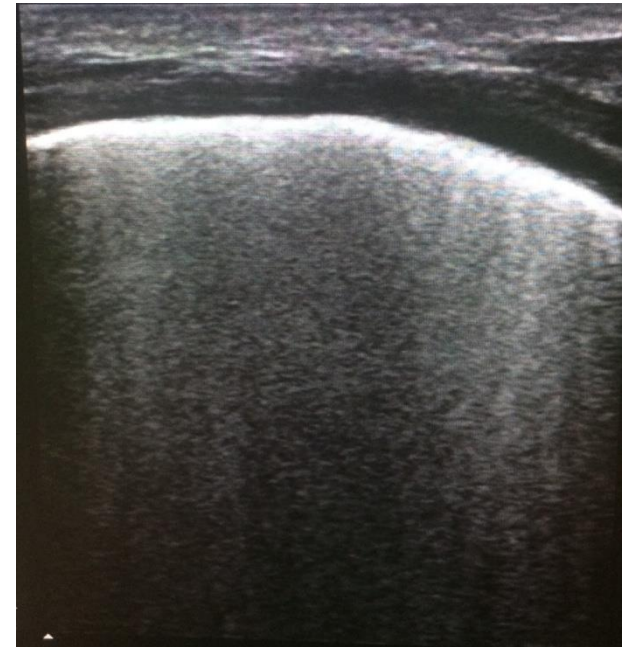
Superior fields: mostly A-lines with rare B-lines.



The ‘Double Lung Point’: An Ultrasound Sign Diagnostic of Transient Tachypnea of the Newborn
Copetti R. · Cattarossi L.

RDS Respiratory Distress Syndrome

- Alveolar- interstitial syndrome („white lung”)
- Lack of A-lines
- Coarse, thickened pleural line
- Subpleural consolidations



RDS- Ultrasound

The sensitivity and specificity of

- **Lung consolidation,**
- **Pleural line abnormalities and**
- **Bilateral white lung**

for the diagnosis of neonatal RDS

	RDS	Control group	Total
3 signs	50 (a)	0 (b)	50 (a+b)
<3 signs	0 (c)	50 (d)	50 (c+d)
Total	50 (a+c)	50 (b+d)	100

The sensitivity and specificity of

- **Lung consolidation,**
- **Pleural line abnormalities and**
- **A-line disappearance**

for the diagnosis of neonatal RDS

	RDS	Control group	Total
3 signs	50 (a)	0 (b)	50 (a+b)
<3 signs	0 (c)	50 (d)	50 (c+d)
Total	50 (a+c)	50 (b+d)	100

„The Role of Lung Ultrasound in Diagnosis of Respiratory Distress Syndrome in Newborn Infants”

Jing Liu ; HaiYing Cao; Hua-Wei Wang; XiangYong Kong

METHODS

- 40 newborns
- 1st day of life, respiratory failure
- Lung Ultrasound (LUS) performed at mean 9 (SD=6) hours of life.

Possible diagnosis:

- Transient Tachypnea of the Newborn (TTN)
 - Respiratory Distress Syndrome (RDS)
 - Pneumonia, pneumothorax (5 cases, excluded from the study)
-
- Chest X-ray (CXR) performed shortly before/after LUS
 - CXR images sent to two independent radiologists

Characteristics of the group

Characteristics	Range	Mean
Gestational age (weeks)	33-41	36 (SD=2)
Birth weight (g)	1480-4390	2870 (SD=664)
APGAR score 1 min	2-10	8,2 (SD=2,1)
APGAR score 5 min	5-10	8,9 (SD=1,3)

Characteristics		No.	%
Sex	male	20	57
	female	15	43
Mode of delivery	vaginal	10	29
	cesarean	25	71

RESULTS

According to LUS:

27 cases of TTN

8 cases of RDS

	TTN	RDS
Oxygen/Bubble CPAP	23	1
NIV	4	4
Intubation (surfactant)	0	3 (2)

RESULTS

- Cohen's-Kappa coefficient indicated slight agreement between the radiologists (Kappa=0,08) as well as LUS compared to one radiologist (Kappa= 0,07);
- LUS compared to the second radiologist indicated fair agreement (Kappa=0,3)

*Even 77% of the newborns with TTN
are misdiagnosed with RDS*

*Transient tachypnea of the newborn
Greenough A. Milner AD eds. Neonatal Respiratory Disorder
2nd ed. London: CRC Press, 2003: 272-277*

CONCLUSIONS

Is the CXR a „golden standard” method for differential diagnosis between TTN and RDS?

LUS as a non-ionising method with clear features representing pathological changes seems to be a promising, reliable tool

DISCUSSION

- CXR is only a two- dimensional, static picture, whereas LUS gives the dynamic, „3D” view
- LUS allows to examine every part of the neonatal chest also after the change of the patient position/ parameters of ventilation
- Radiologist often lacks the full clinical picture of the patient, available only at the bedside

Thank you for your attention