



# LUNG ULTRASOUND WHERE ARE WE AFTER 15 YEARS ?

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6<sup>th</sup> International Conference on Neonatal Care

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Andersia Hotel, Poznań, Poland  
[www.neonatus.org](http://www.neonatus.org)

A photograph of a newborn baby sleeping peacefully in a wooden bowl. The baby is wrapped in a white blanket.


Szanowni Koledzy dobry dzień

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# The 'Double Lung Point': An Ultrasound Sign Diagnostic of Transient Tachypnea of the Newborn

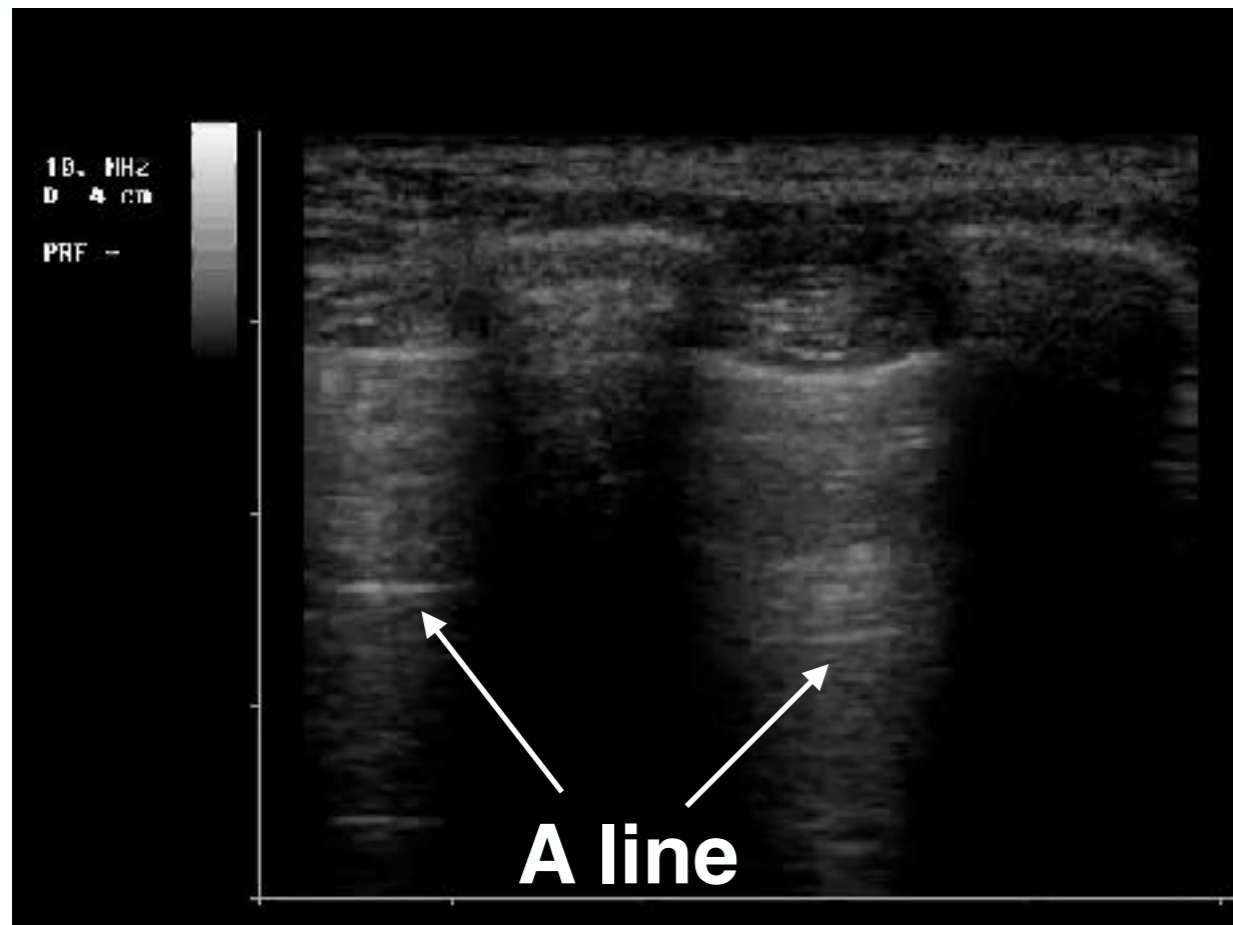
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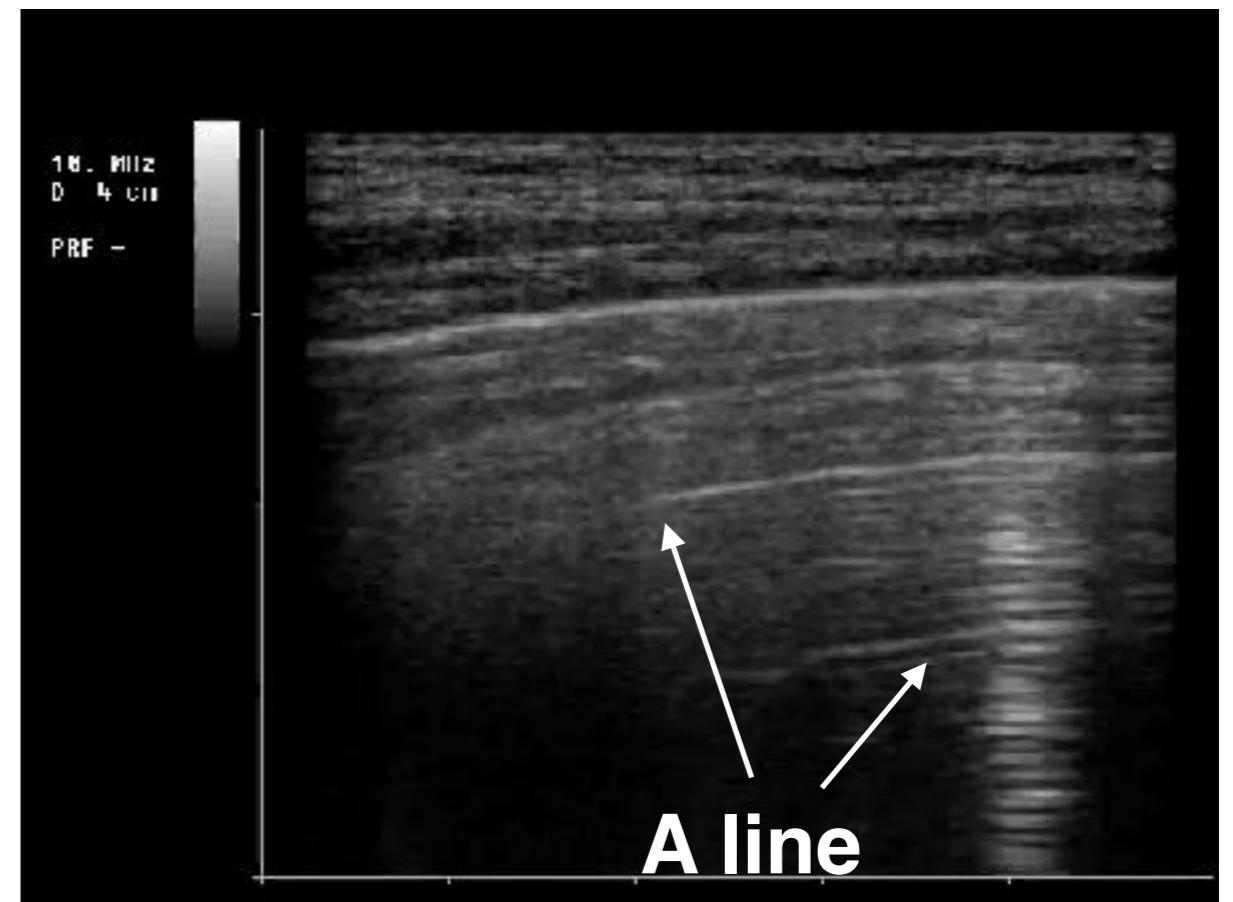


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## Normal (sagittal scan)



## Normal (transversal scan)



**AIR**

# **AIR/FLUID RATIO**



**FLUID**



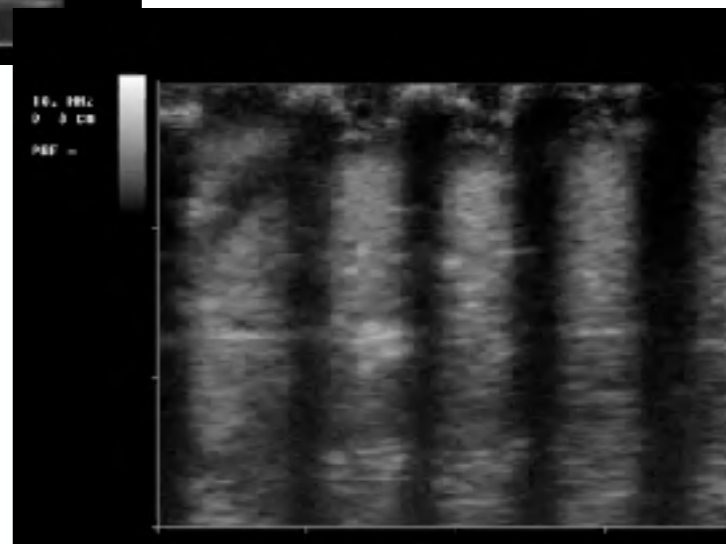
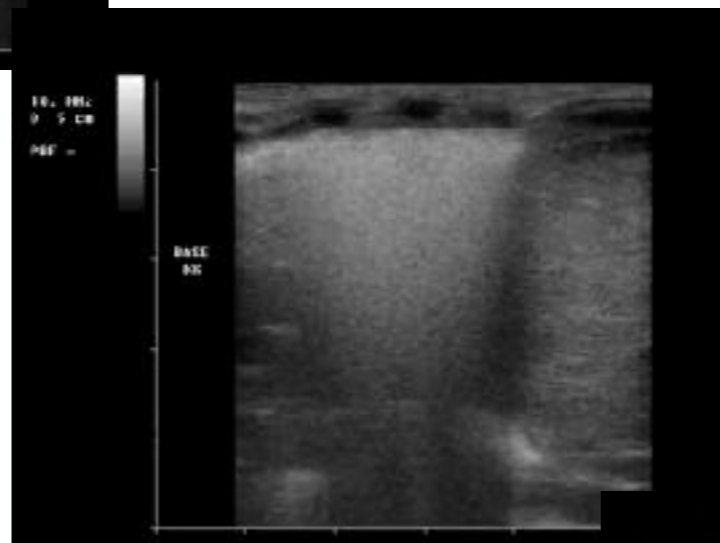
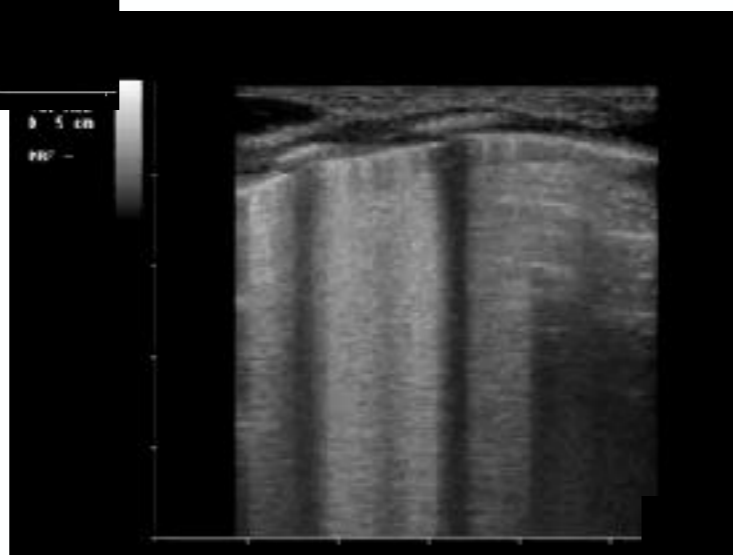
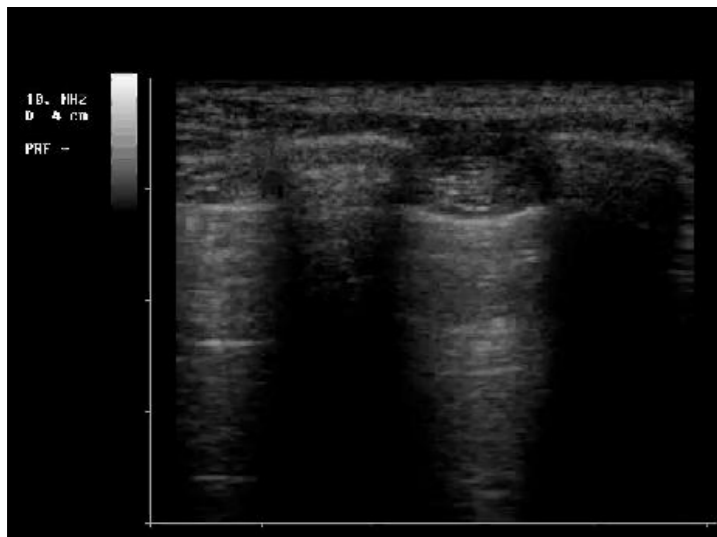
**98% - A LINES**

**95% - B LINES**

**85% - ECHOGRAPHIC  
WHITE LUNG**

**10% - CONSOLIDATION**

**5% - ATELECTASIS**

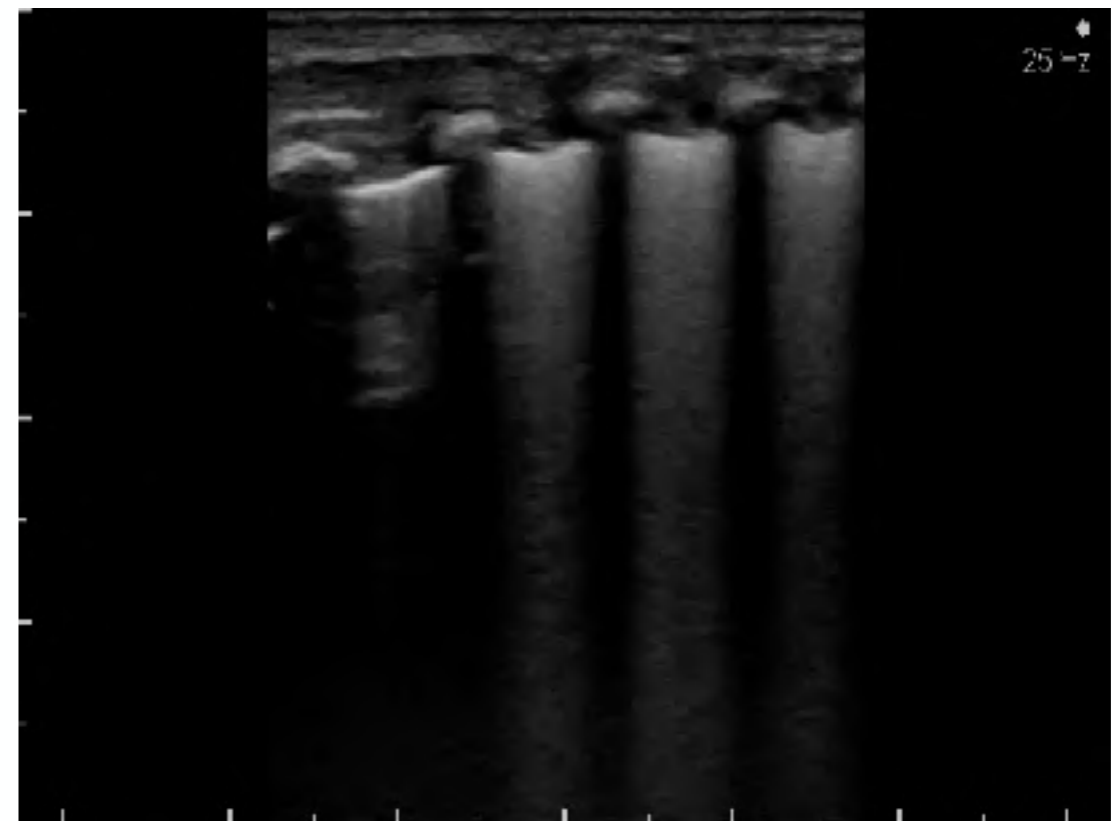
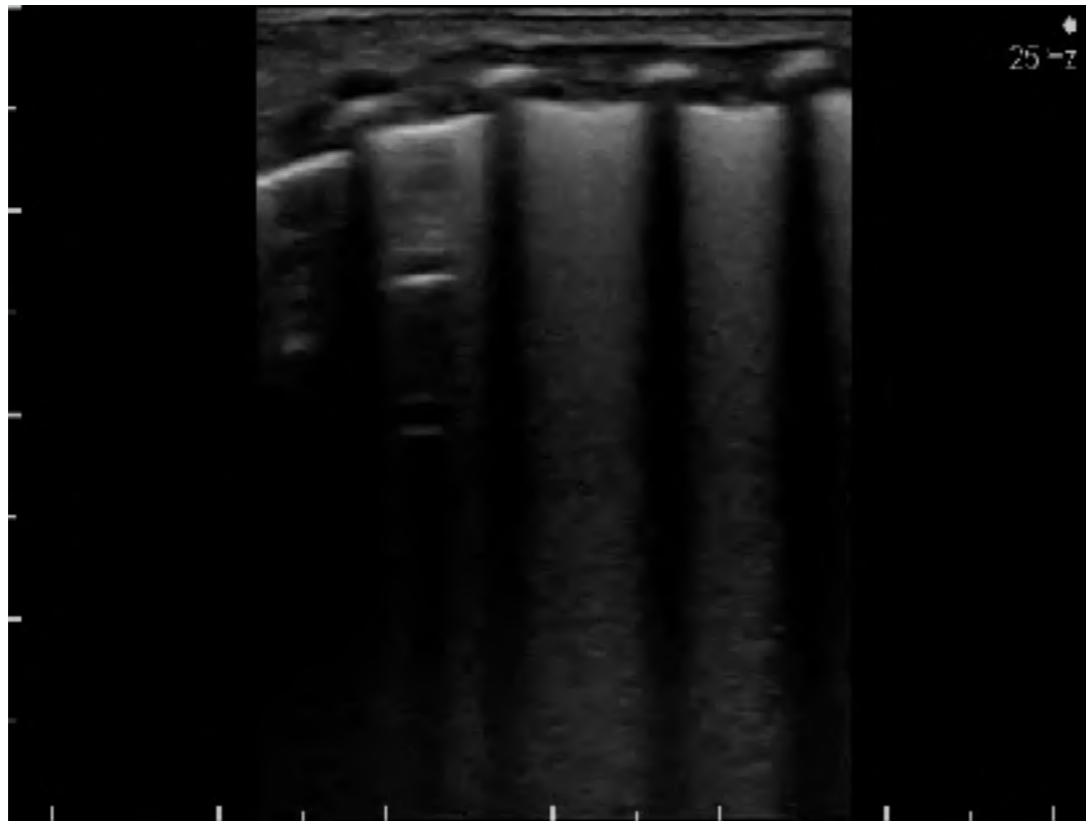


derecruitment

recruitment



## Transient Tachypnea of the Newborn



**“DOUBLE LUNG POINT”**

In the infants with TTN, lung sonography showed a difference in lung echogenicity between the upper and lower lung areas. There were very compact comet-tail artifacts in the inferior fields while these were rare in the superior fields. We designated this finding the 'double lung point' and it was not observed in healthy infants, infants with respiratory distress syndrome, atelectasis, pneumothorax, pneumonia, or pulmonary hemorrhage.



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# Lung Ultrasound in Respiratory Distress Syndrome: A Useful Tool for Early Diagnosis

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<sup>a</sup>Emergency and Pediatric Departments, S. Antonio Abate Hospital, Tolmezzo, and <sup>b</sup>Department of Neonatology, S. Maria della Misericordia Hospital, Udine, Italy

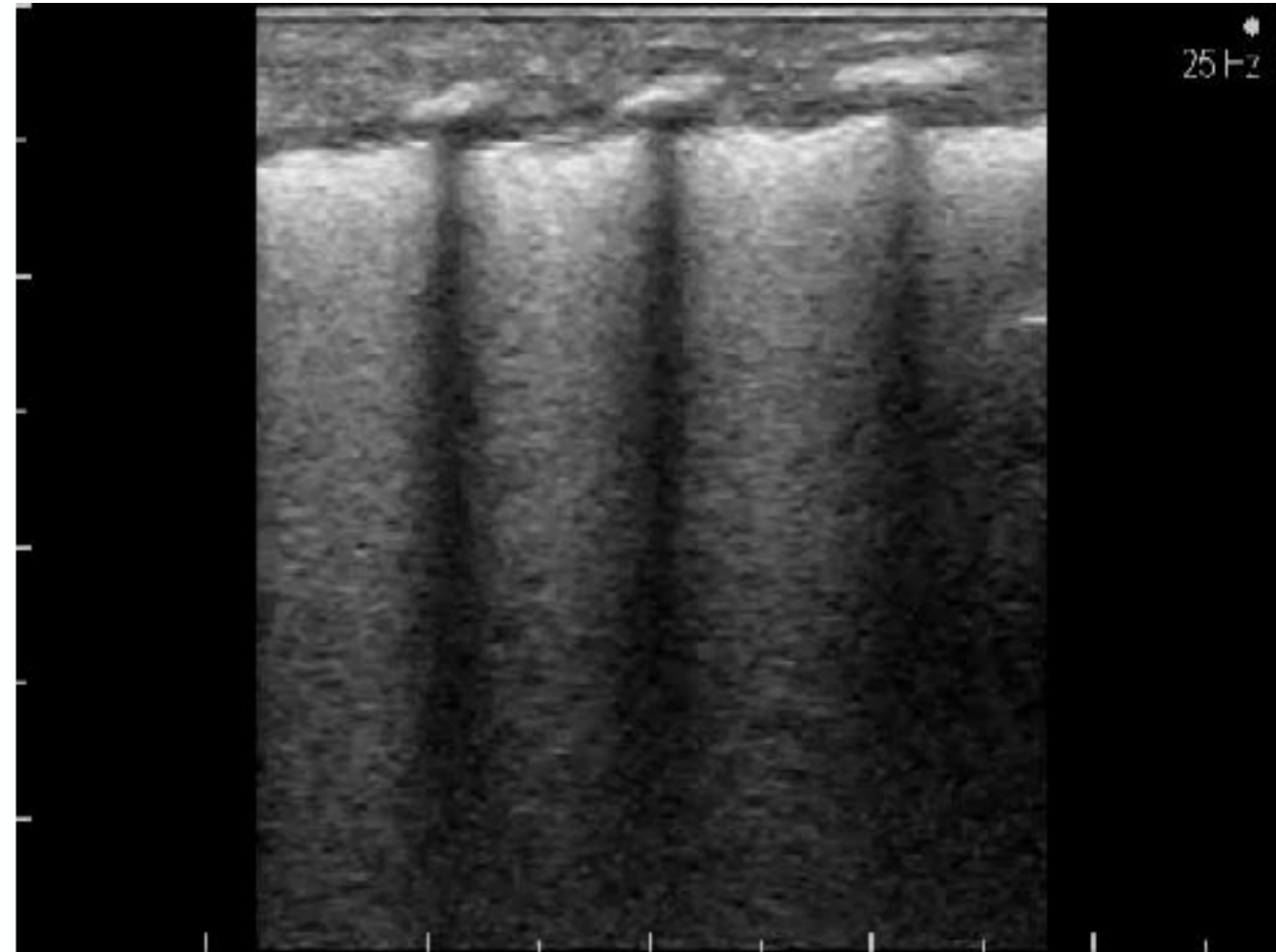
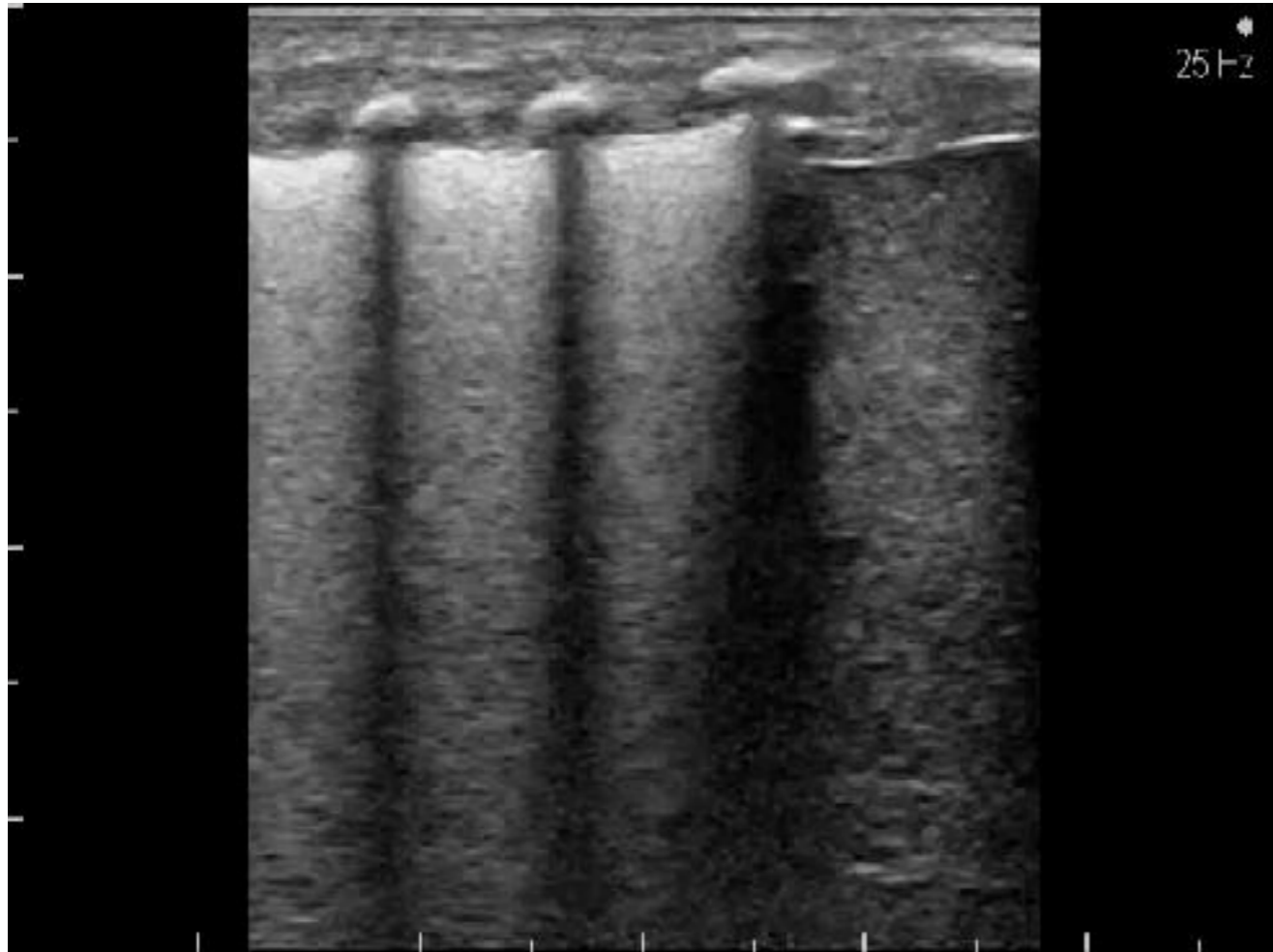


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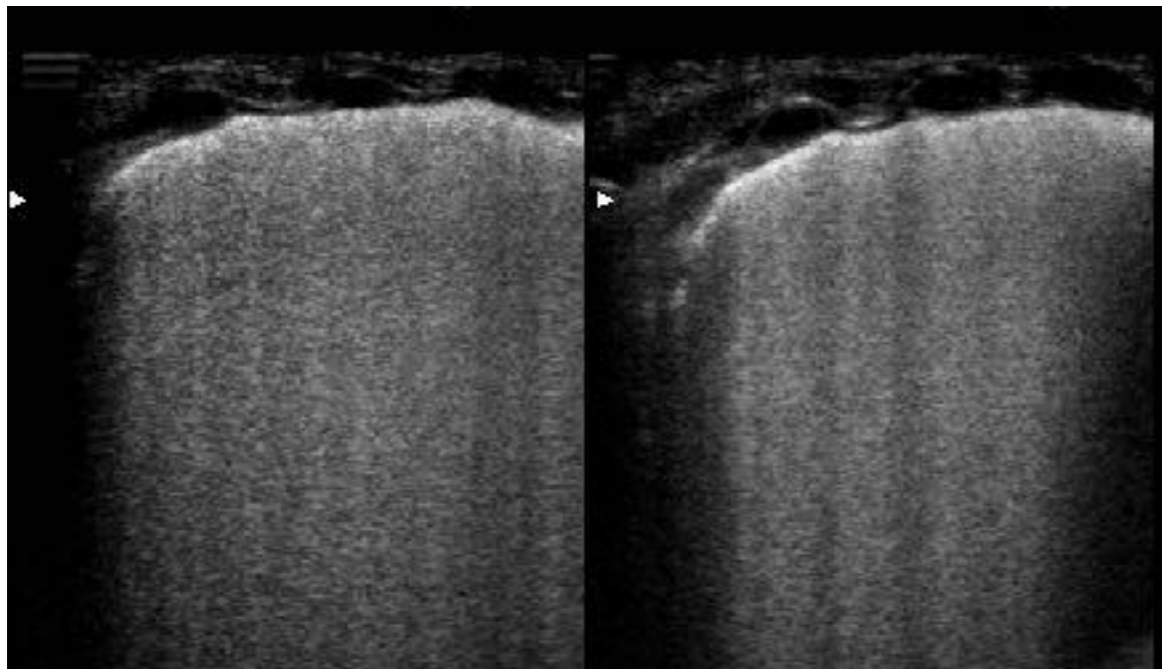
Published online: January 15, 2008

# RDS

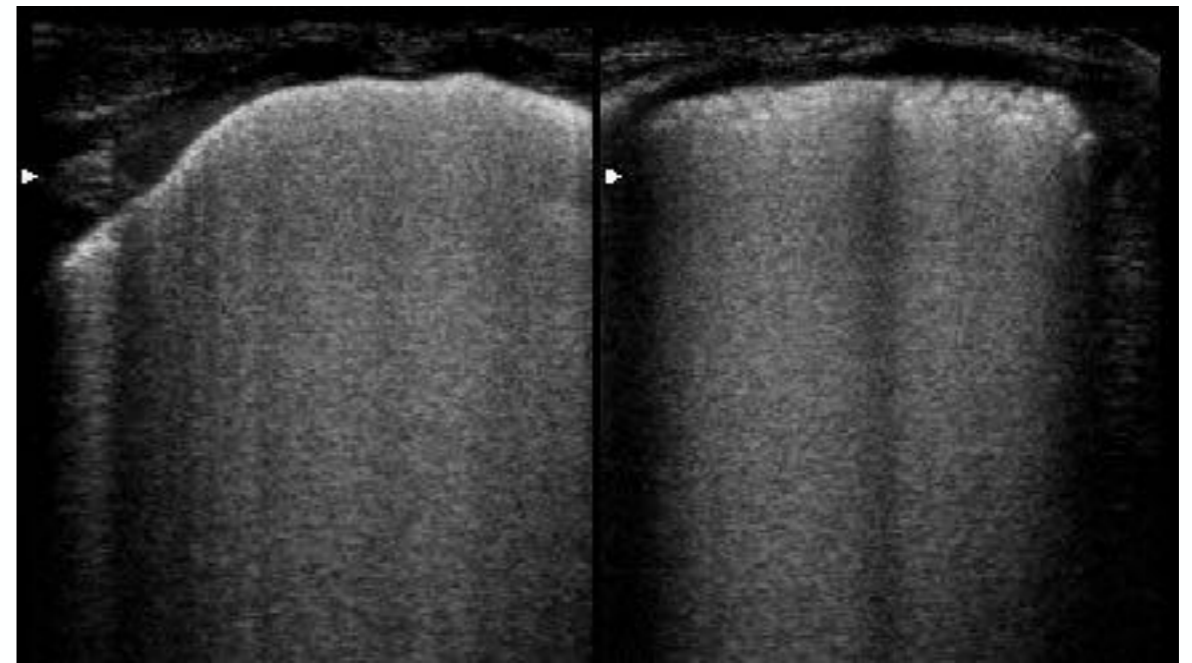


# Why lung US appearance does not change after surfactant ?

Before SRF



After SRF



Because US looks at **pulmonary interstitium** while X-ray at **lung aeration**

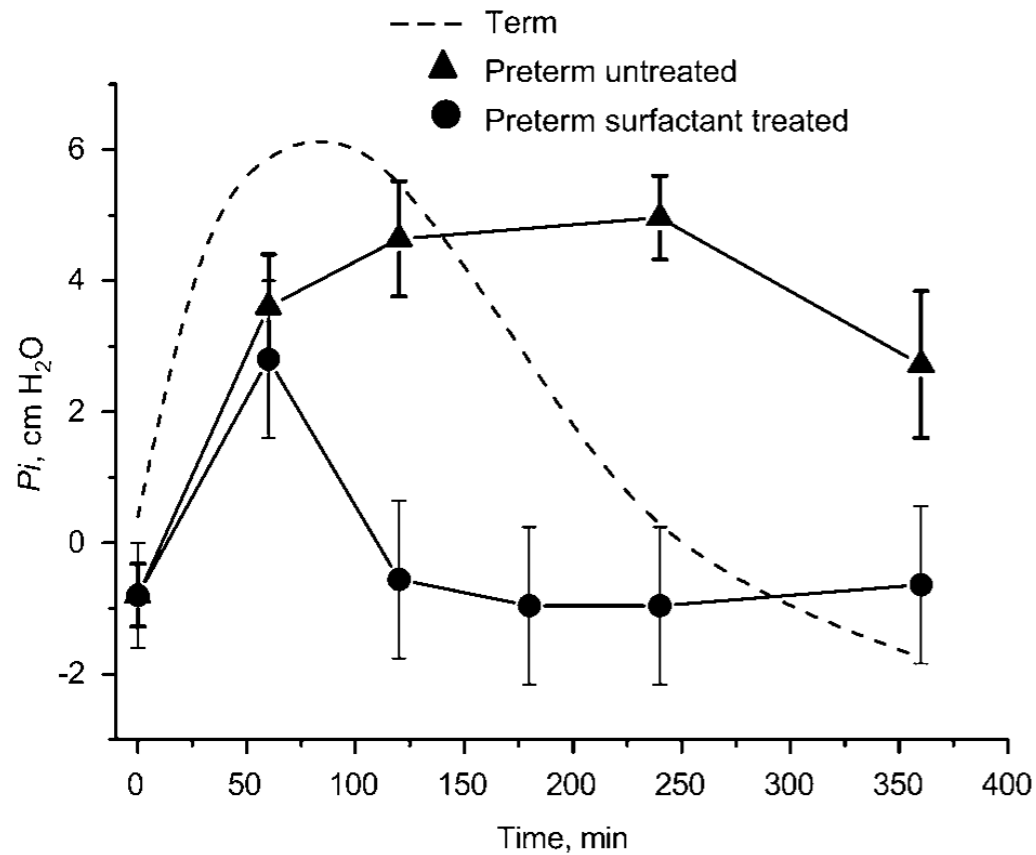
# **Surfactant administration for neonatal respiratory distress does not improve lung interstitial fluid clearance: echographic and experimental evidence**

**Luigi Cattarossi<sup>1,\*</sup>, Roberto Copetti<sup>1</sup>, Besa Poskurica<sup>2</sup> and Giuseppe Miserocchi<sup>2</sup>**

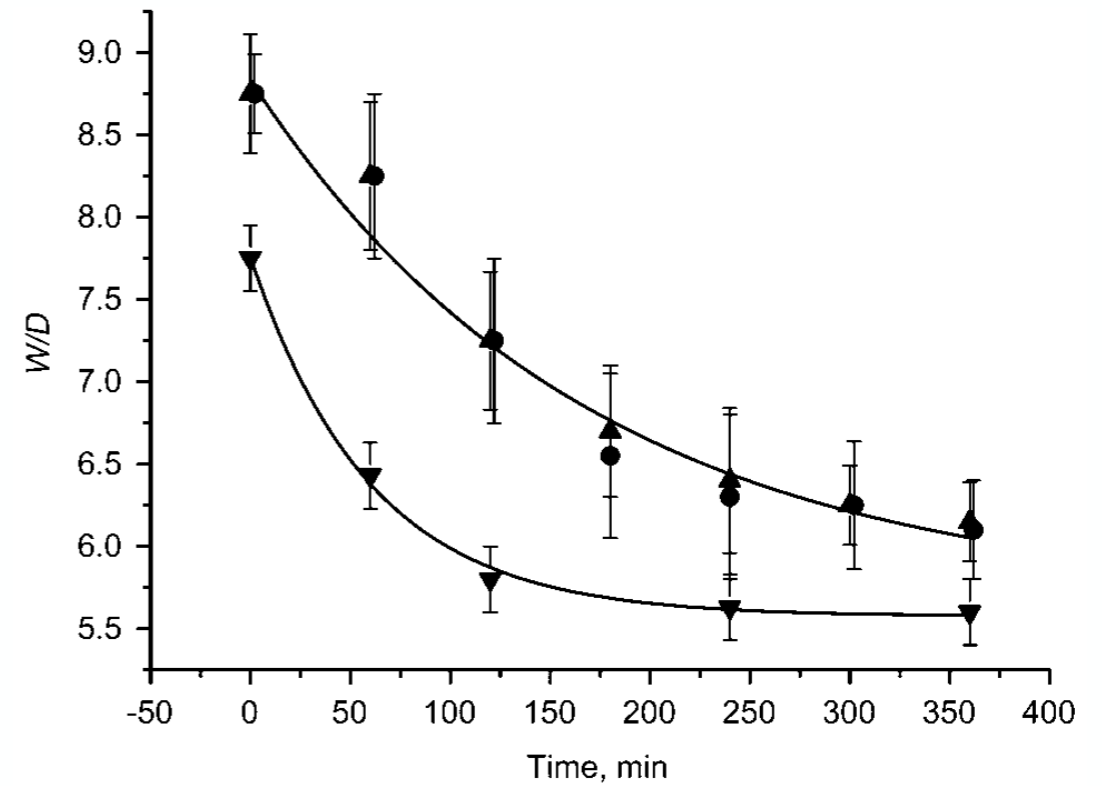
<sup>1</sup> Departments of Paediatrics and Emergency Medicine, San Antonio Abate Hospital, Tolmezzo, Italy

<sup>2</sup> Department of Experimental Medicine, Università Milano-Bicocca, Monza, Italy

Time, min	0	60	120	180	140	360
No. of premature animals treated with surfactant (PS)	10	11	8	6	5	8
No. of premature animals untreated (PN)	13	5	5	-	3	3



**Figure 7** Time course of pulmonary interstitial pressure ( $P_i$ ), in preterm surfactant treated rabbits and in preterm untreated rabbits. The dashed line refers to term newborn rabbits (data from ref. [14]). The insert reports the number of animals studied in each group.



**Figure 8** Time course of the wet weight to the dry weight ratio of the lung ( $W/D$ ) in preterm surfactant treated (●) and preterm untreated rabbits (▲) and in term rabbits (▼). The insert reports the coefficients of the mono-exponential decay curves of the preterm surfactant treated + preterm untreated pooled data and for term group.

Pleural line abnormalities, echographic 'white lung' and the absence of 'spared areas' were always seen in infants with RDS.

No correlation was found between ultrasound appearance and different radiological stages of RDS.

At the same time, recent studies indicated that lung ultrasound images (LUSI) do not show any change after administration of surfactant (persistence of "white lung") [2, 3] in the first hours after surfactant administration and, in some infants, even in the following days.

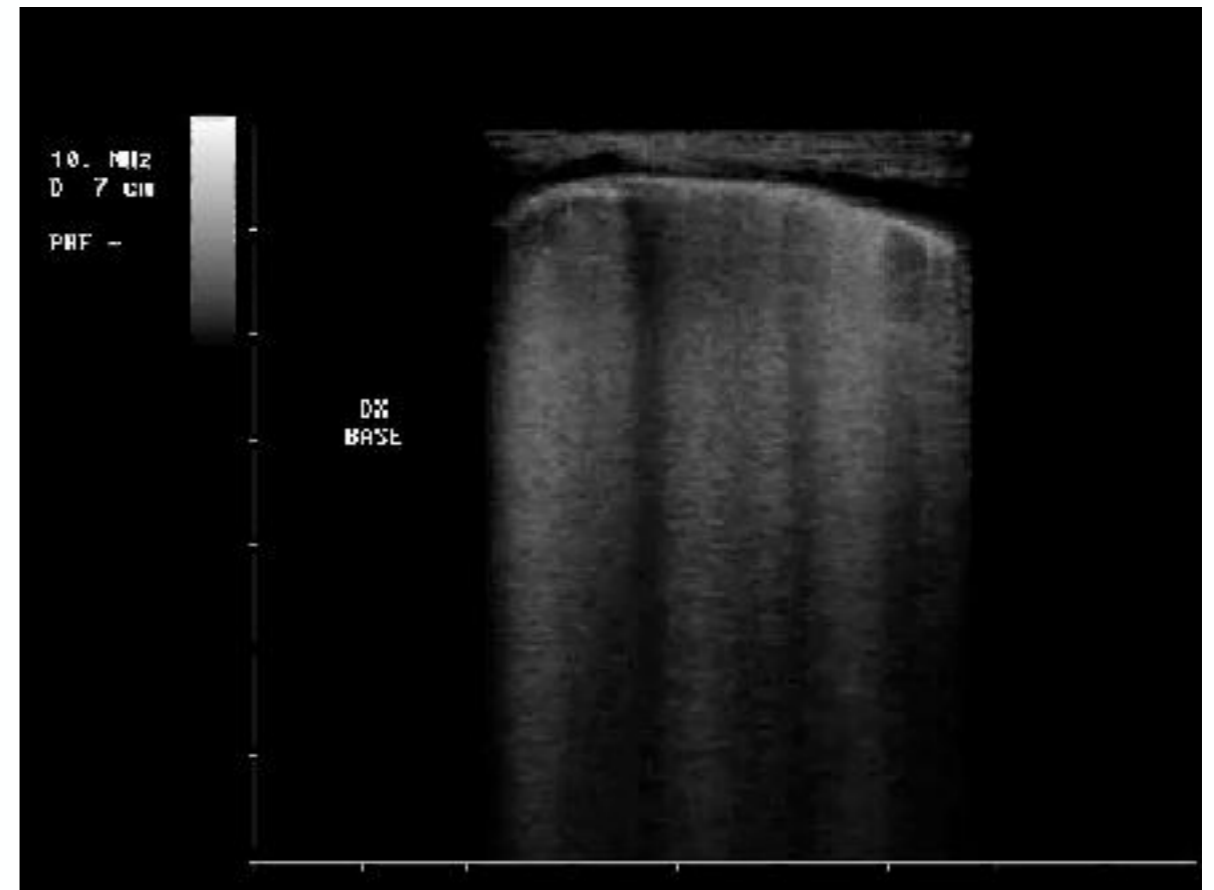
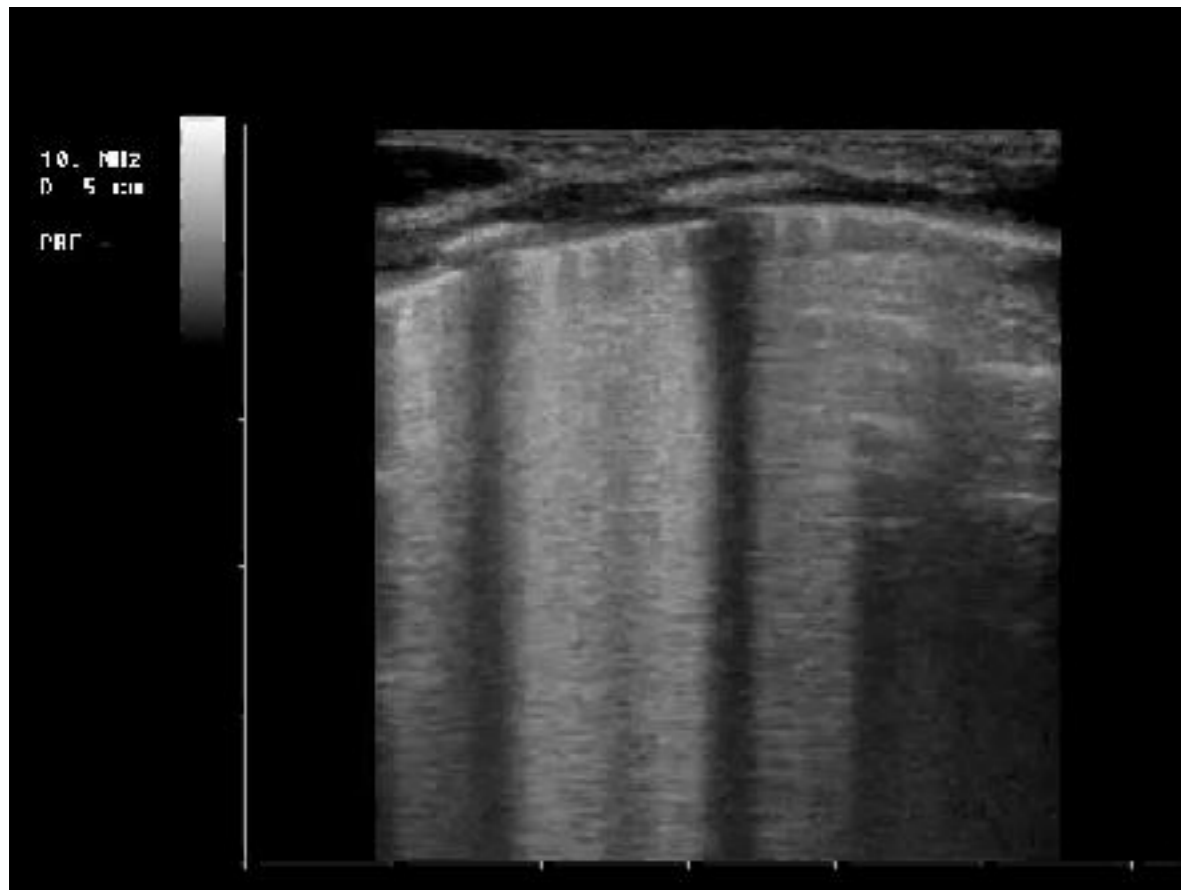
- **TTN is typically depicted by the “double lung point”**
- **LUS image does not change after surfactant administration**
- **LUS can not set a degree of RDS**

**.... and now (2018)?**

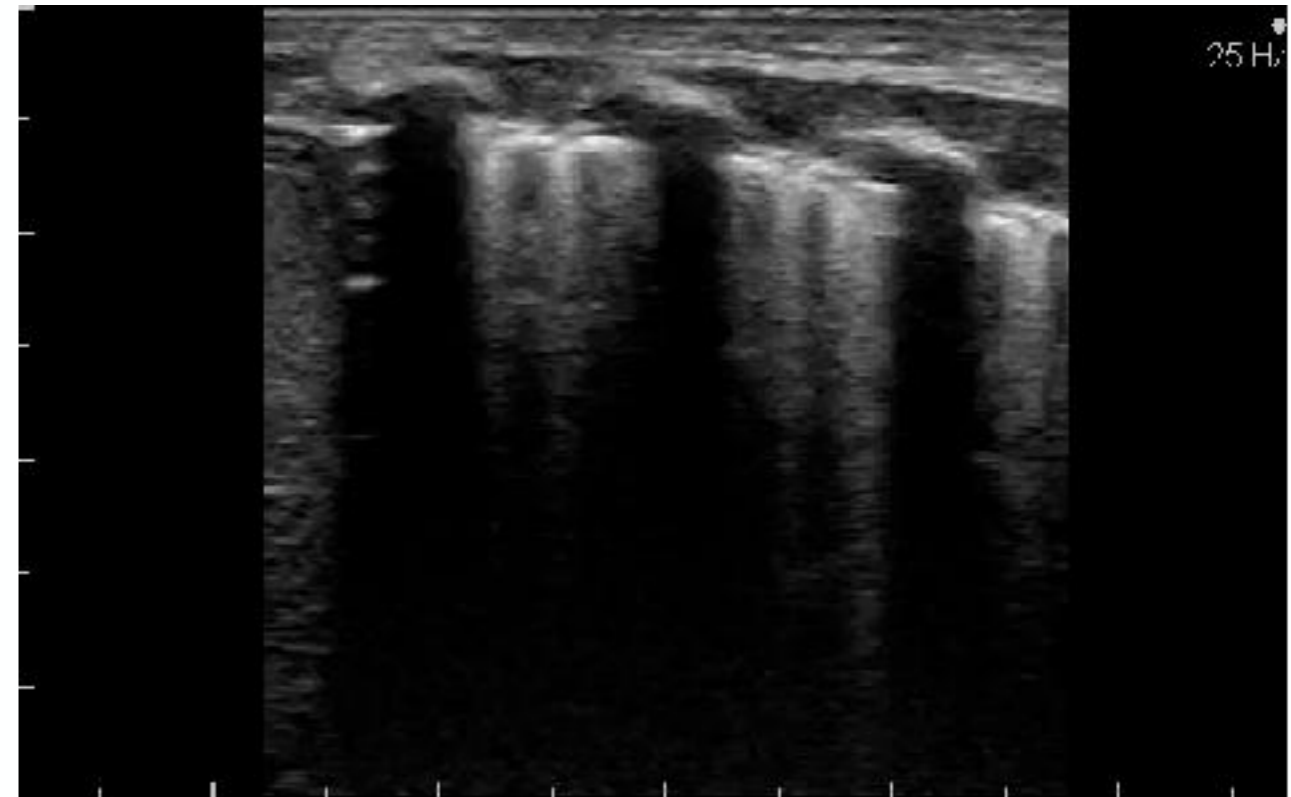
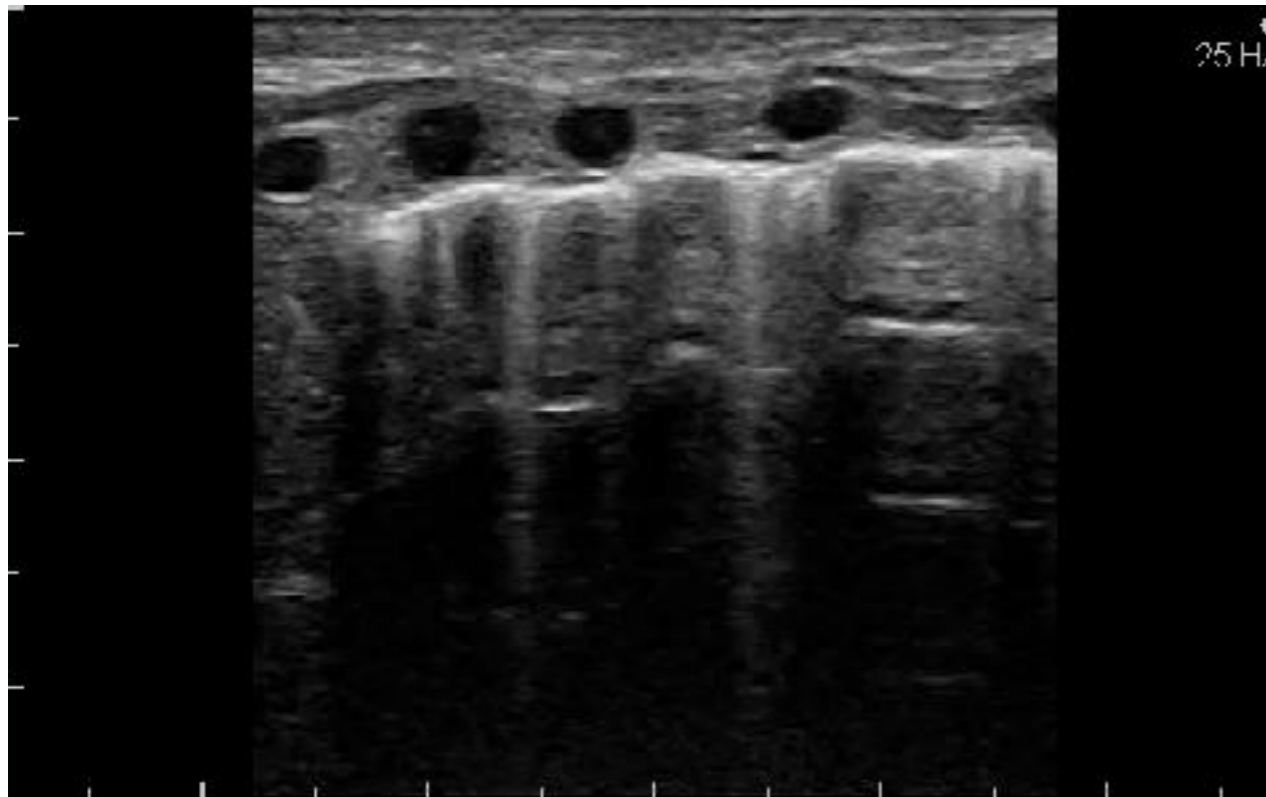


# **TRANSIENT TACHYPNEA OF THE NEWBORN**

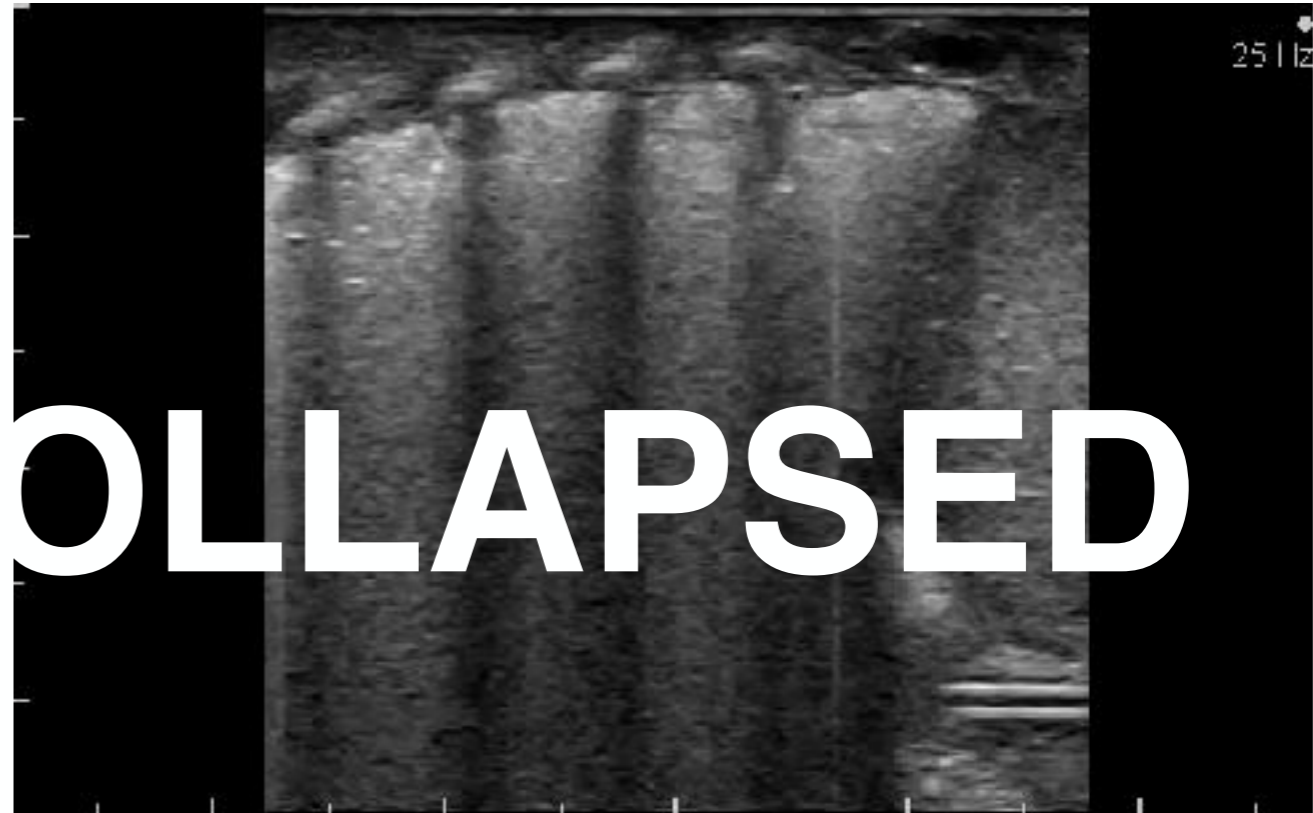
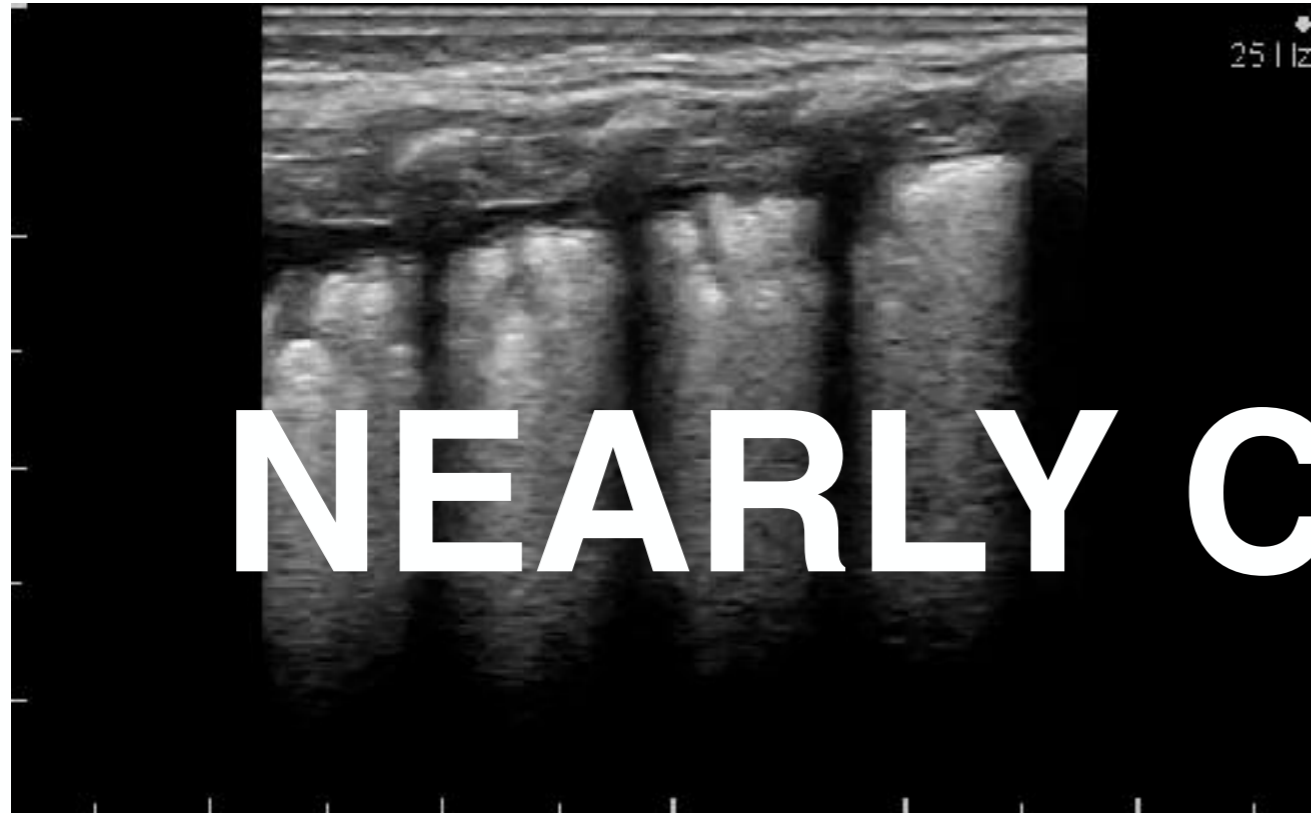
# Transient Tachypnea of the Newborn (echographic wet lung)



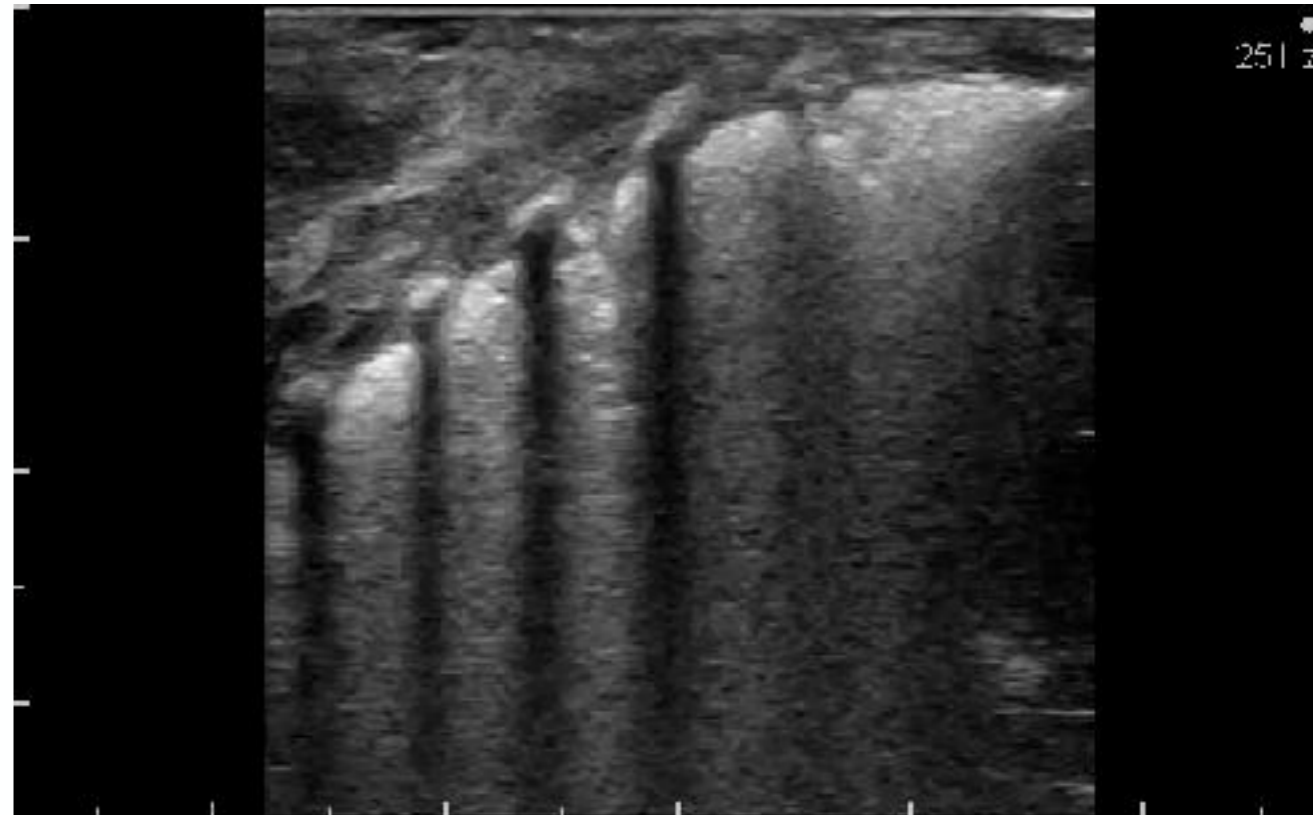
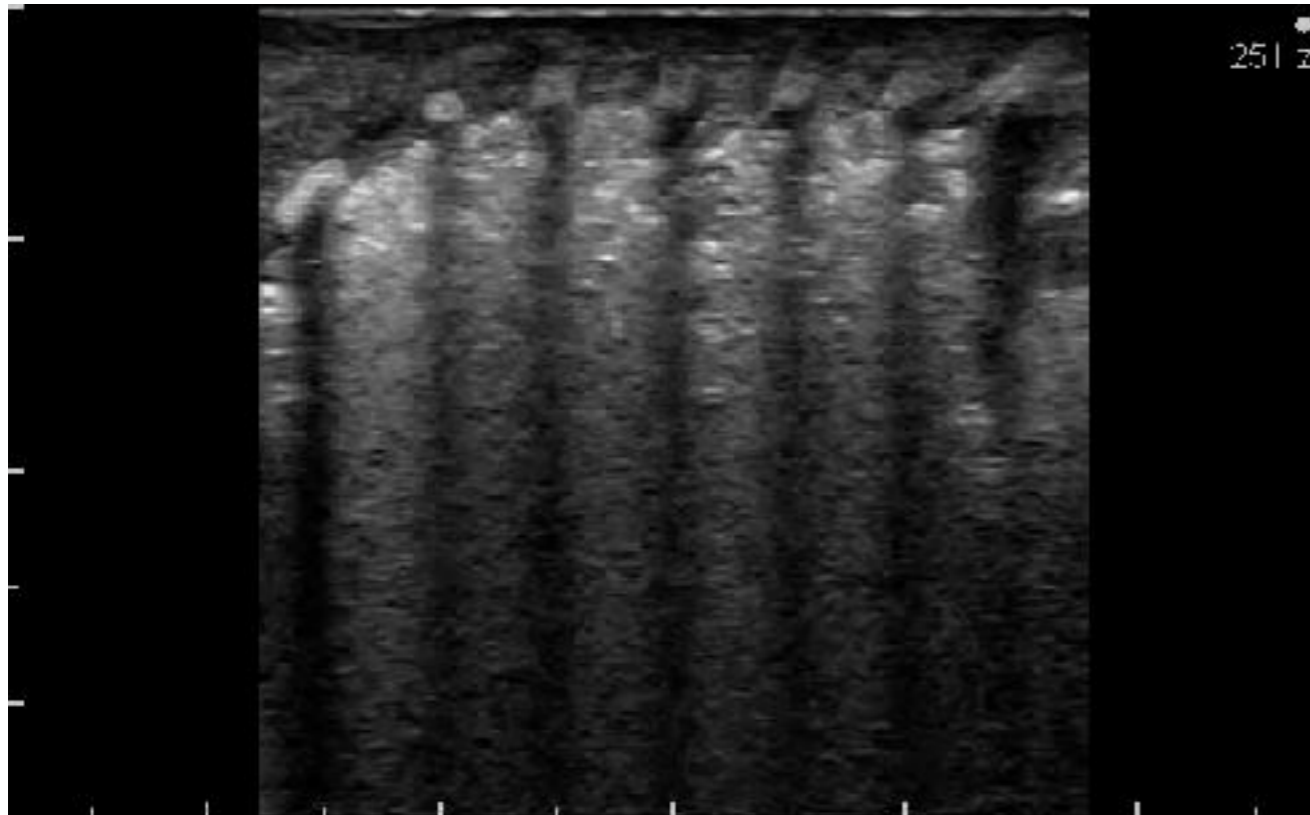
# Transient Tachypnea of the Newborn (echographic wet lung)



# **RESPIRATORY DISTRESS SYNDROME**



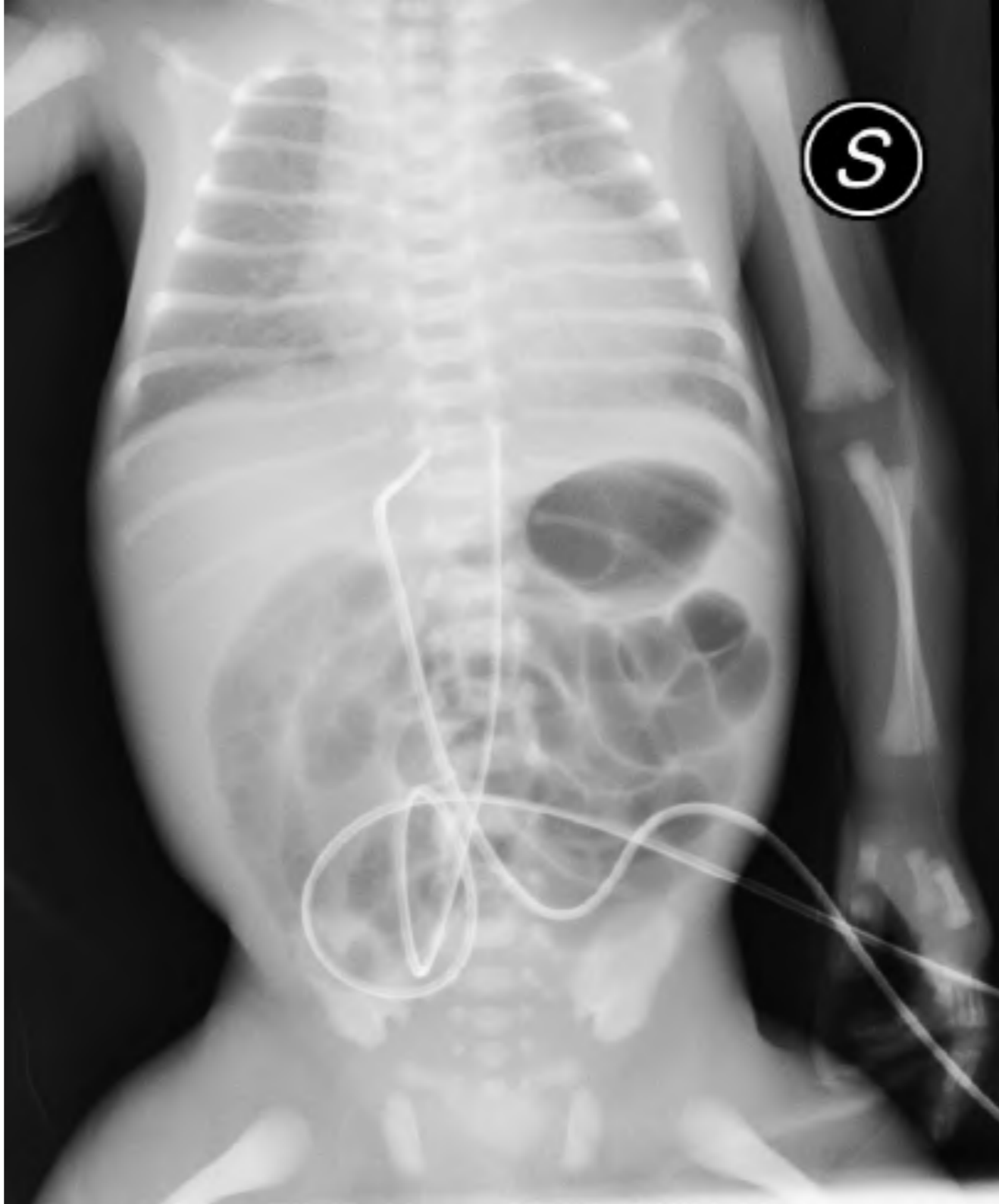
**NEARLY COLLAPSED**



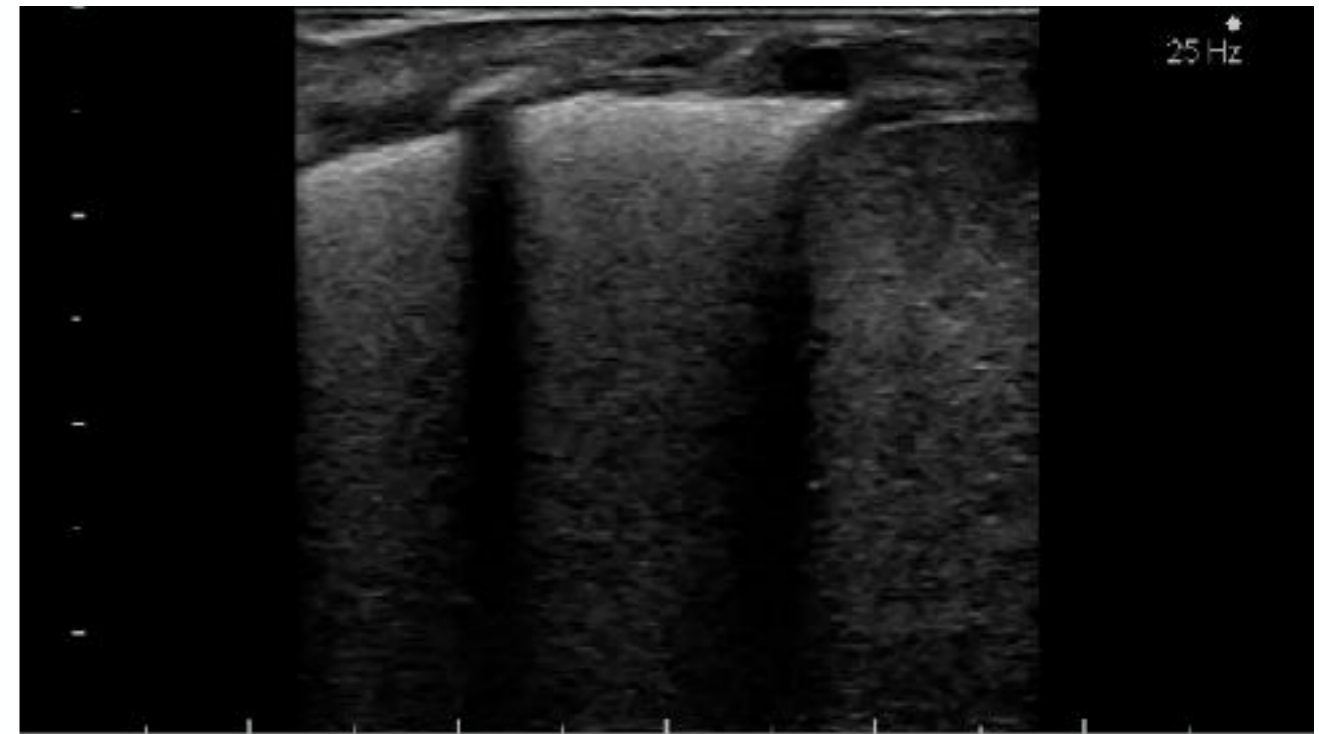
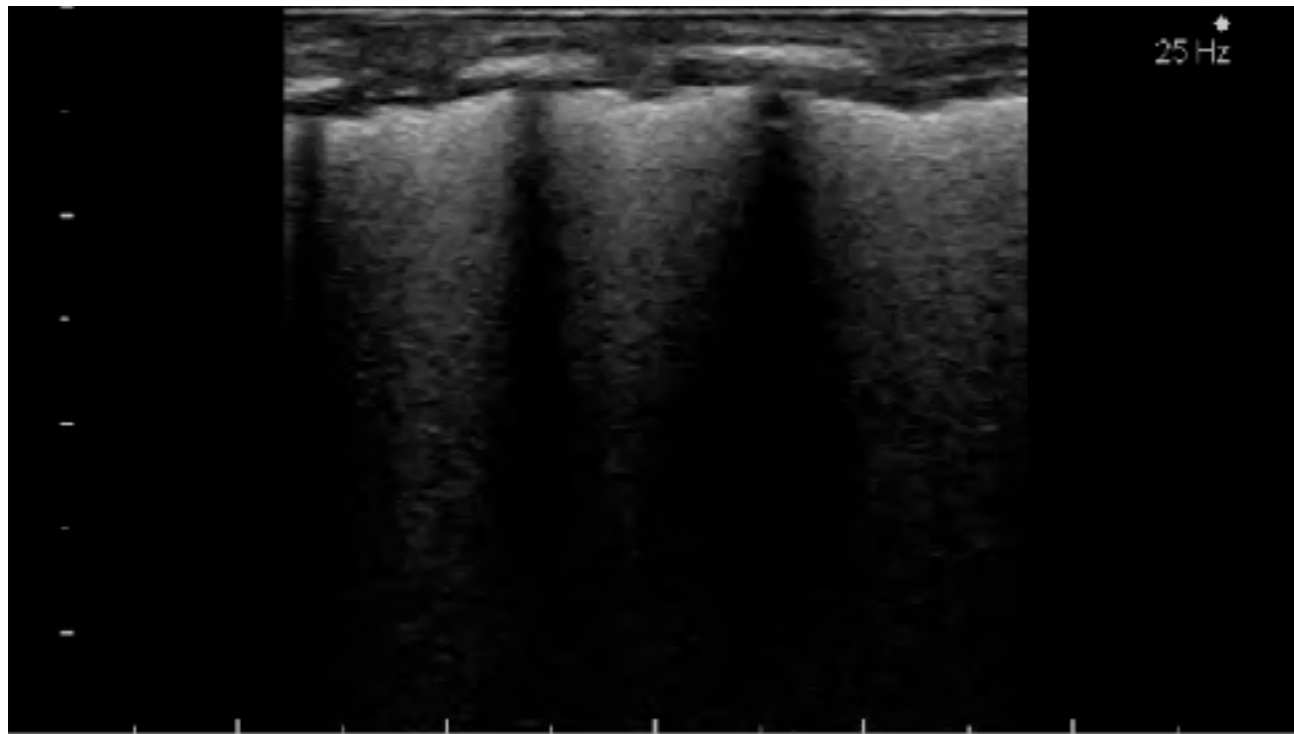
# **DEGREES OF RDS ON LUS**

- 1. WHITE LUNG AND PLEURAL LINE CHANGES**
- 2. PRE-COLLAPSED LUNG AND PLEURAL LINE CHANGES**

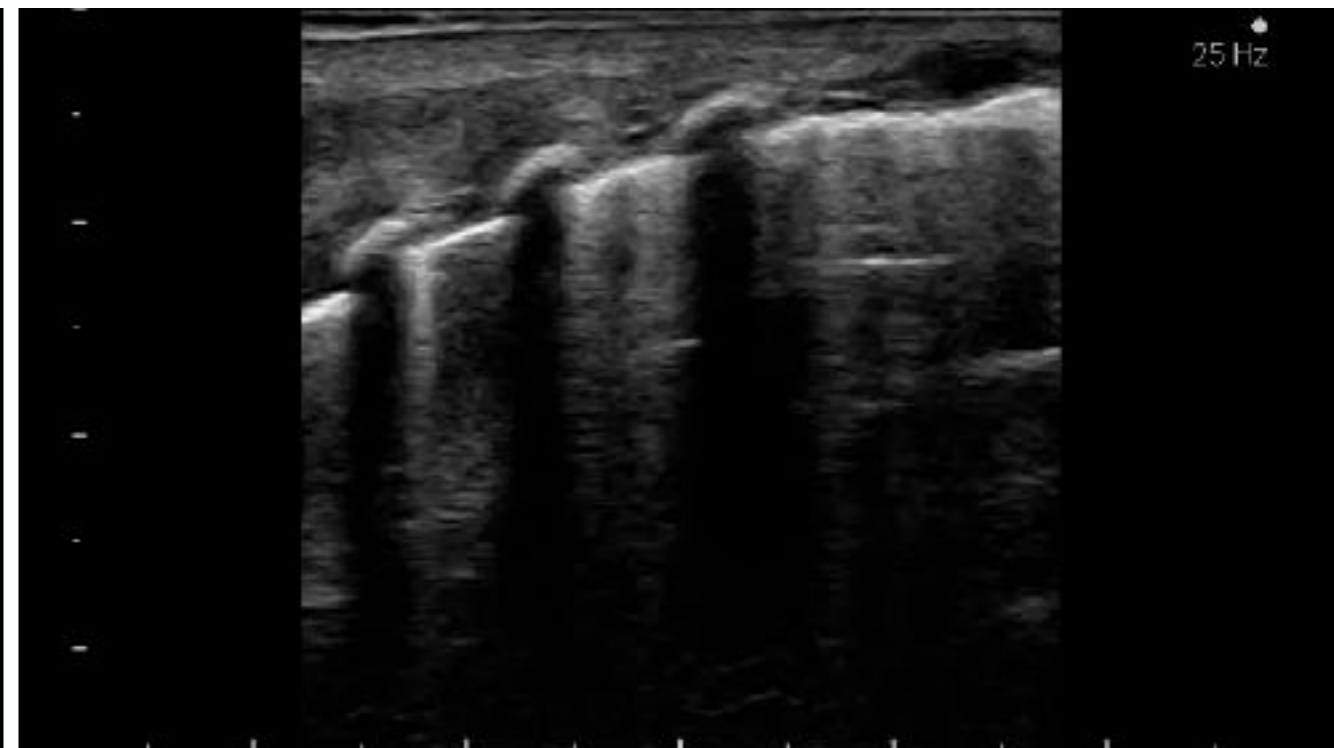
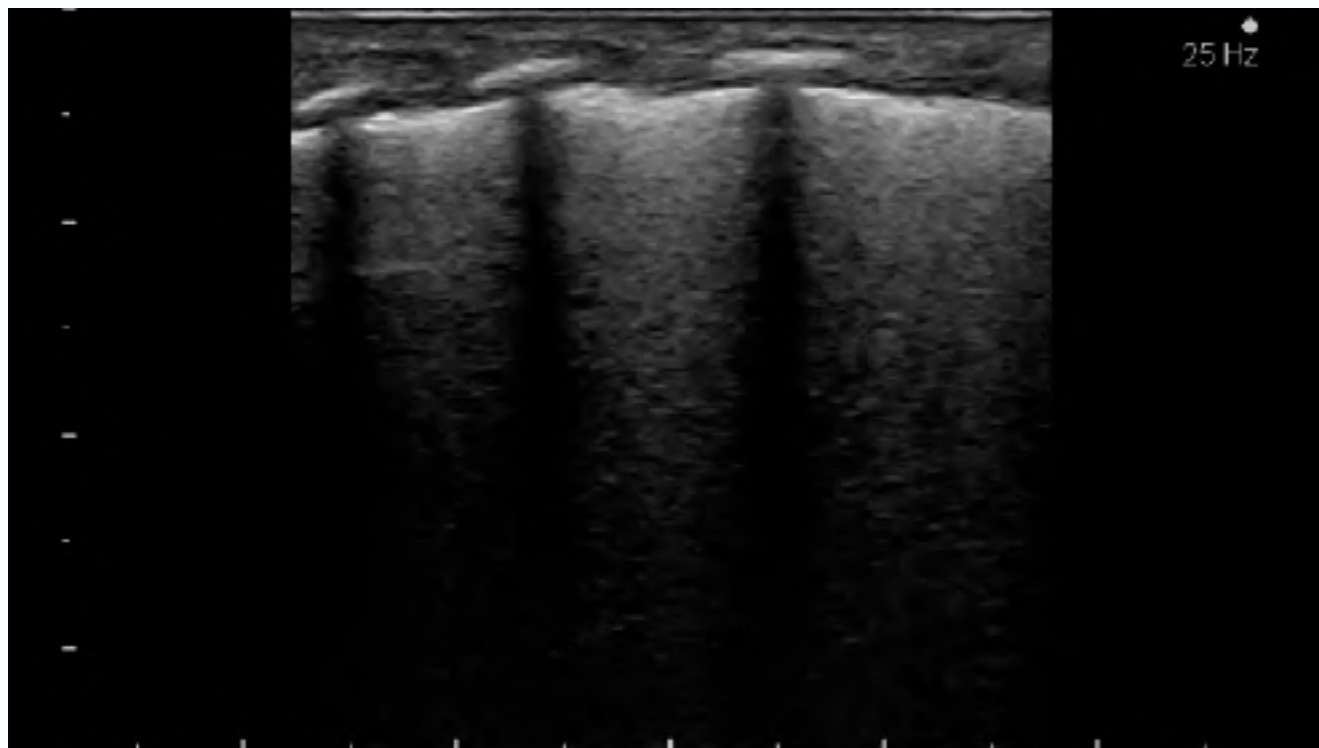
**RDS : NO CHANGES ON LUS AFTER SURFACTANT  
ADMINISTRATION.**







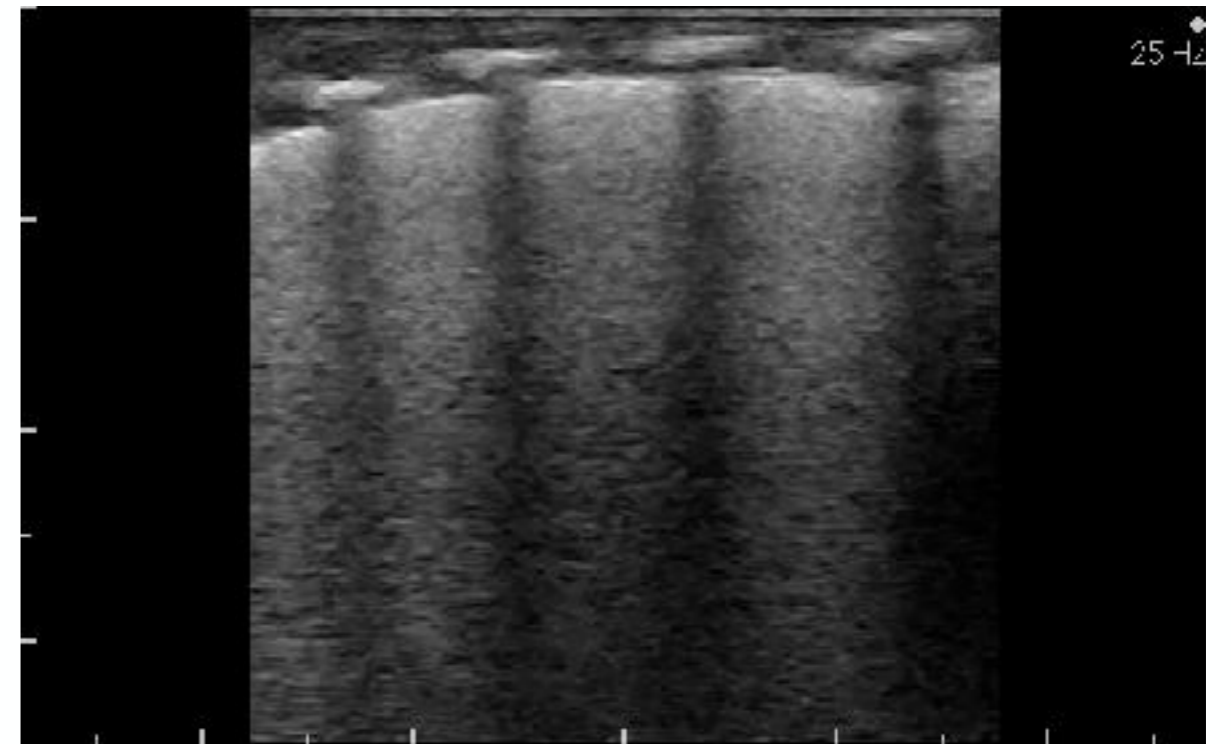
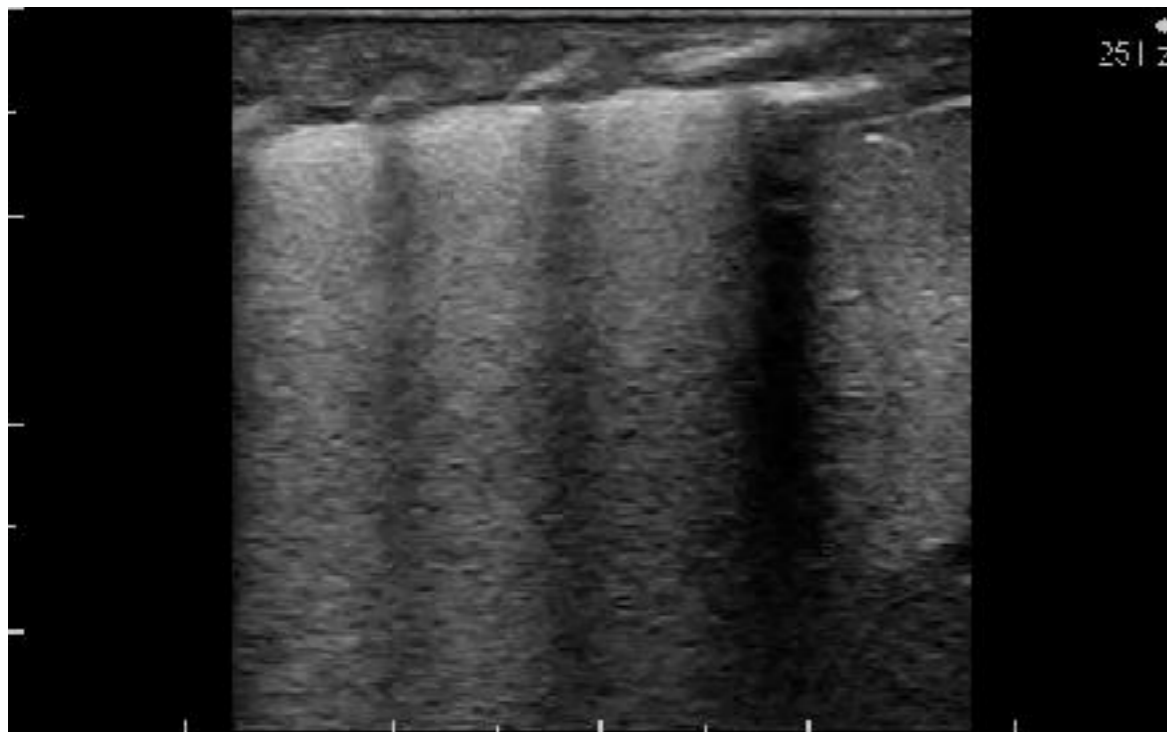
## BASELINE



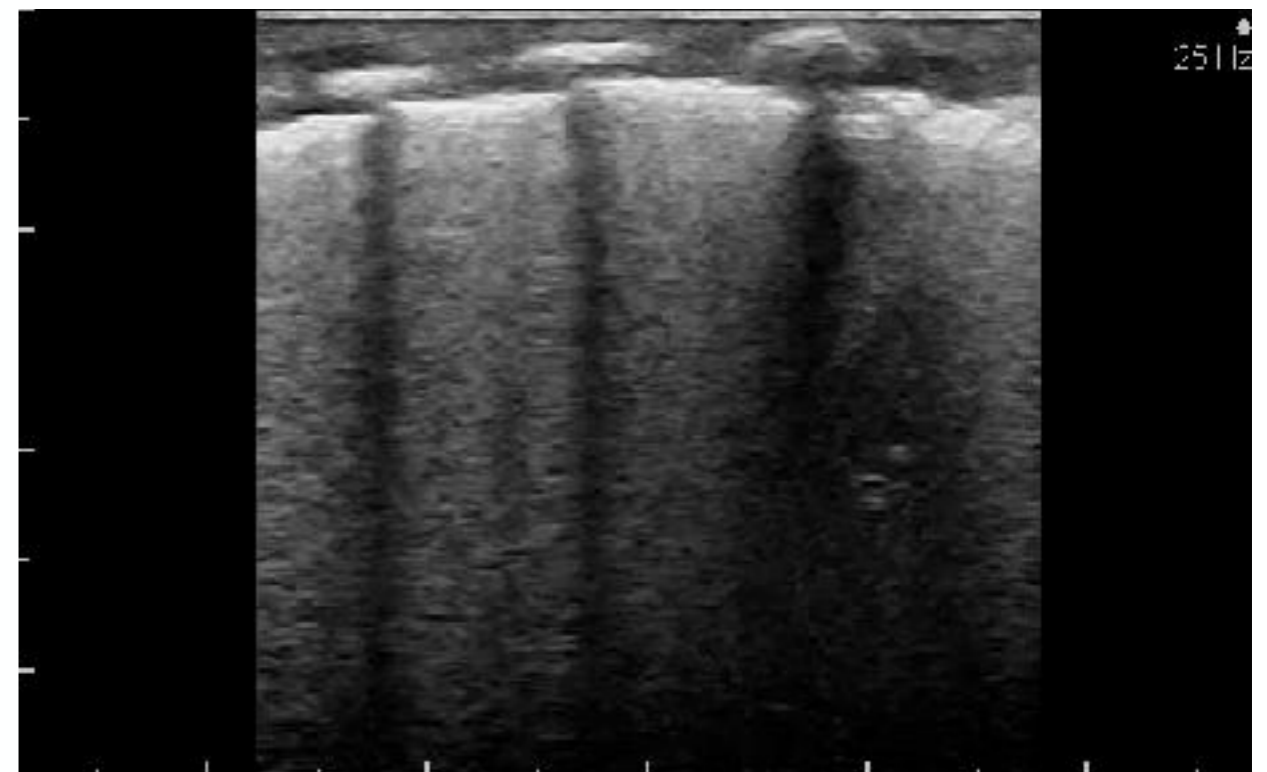
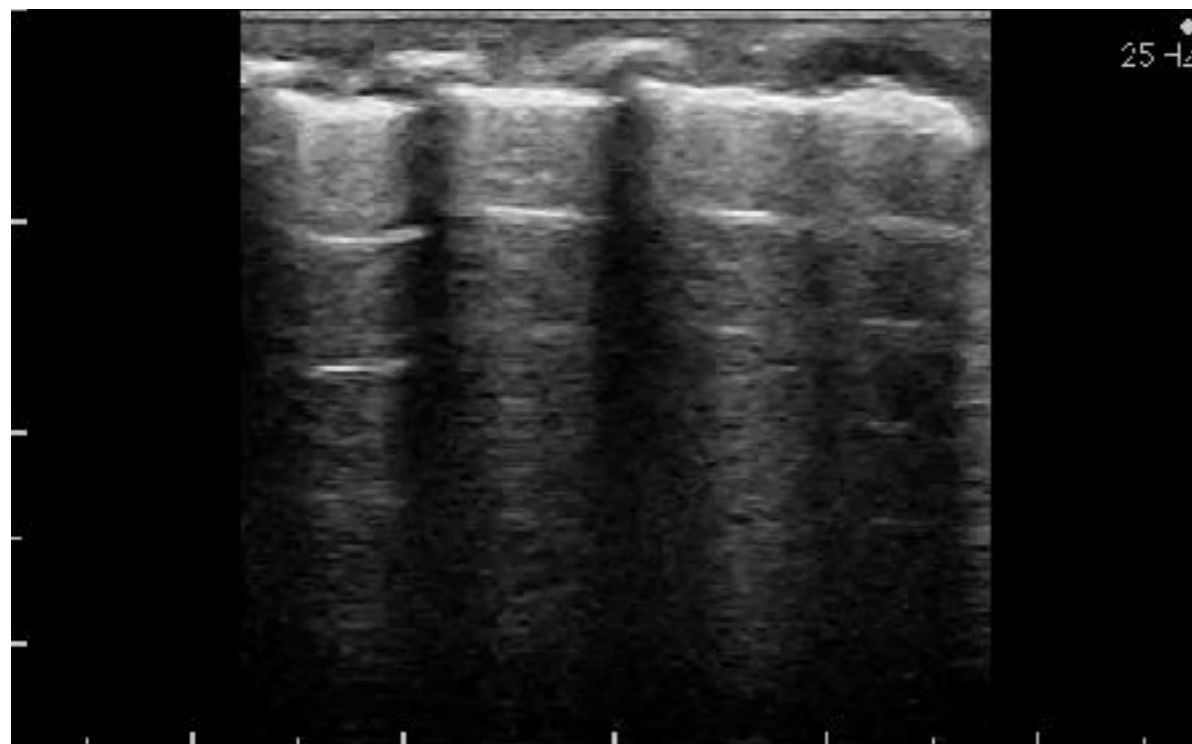
## ONE HOUR AFTER SURFACTANT



**Less Invasive Surfactant Administration  
(LISA)**



**BASELINE**

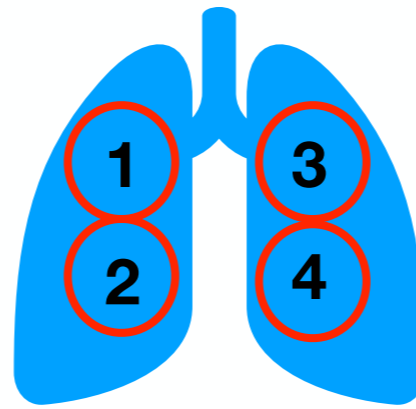


**ONE HOUR AFTER SURFACTANT**

**WHAT IS THE BEST METHOD TO ANALYZE  
THE IMAGES ?**



**SCORE OR COMPUTERIZED ANALYSIS ?**



LUS FEATURES		SCORE (0 - 16)		
<b>A</b>	<b>LUNG ARTIFACT</b>	<b>BLACK = 0</b>	<b>BLACK &amp; WHITE = 1</b>	<b>WHITE = 2</b>
<b>B</b>	<b>THICKENED PLEURAL LINE</b>	<b>NO = 0</b>	<b>YES = 1</b>	<b>-</b>
<b>C</b>	<b>SUBPLEURAL CONSOLIDATIONS</b>	<b>NO = 0</b>	<b>YES = 1</b>	
<b>D</b>	<b>LUNG SLIDING</b>	<b>PRESENT = 0</b>	<b>ABSENT = X</b>	<b>-</b>

**A score > 12 may indicate that surfactant is needed**

**If lung sliding is absent (X on D) and the score for A, B, C is 0, suspect PTX**

**(C.A. Forcellini - Modified)**

# **CONCLUSION**

- **LUNG ULTRASOUND IS A WELL ESTABLISHED PROCEDURE IN NEONATES**
- **LUNG ULTRASOUND GENERAL CONCEPTS HAS BEEN CONFIRMED OVER TIME**
- **LUNG ULTRASOUND SHOULD BE STILL INTENDED AS A PRACTICAL TOOL IN THE CLINICIAN HANDS THAT MAY INDICATE APPROPRIATE DIAGNOSIS AND THERAPY**



**...and we have been also taught to respect those unwritten laws that belong to the universal recognized feeling of what is right and what is wise.**

**Here in Athens we are doing so.**

***Pericles, speech to the Athenians, 431 B.C.***



**THANK YOU FOR YOUR KIND  
ATTENTION**

**ARRIVEE**